



Second-hand smoke **KILLS**

Call  **Quitline** 13 7848

**THERE IS NO SAFE LEVEL OF EXPOSURE
TO SECOND-HAND TOBACCO SMOKE**

THERE ARE MORE THAN
250 **HARMFUL
CHEMICALS**
RELEASED WHEN SMOKING



50 **CHEMICALS ARE
KNOWN TO
CAUSE CANCER**

Second hand smoke can cause the following in those around you;



**SUDDEN INFANT
DEATH SYNDROME**



**PREMATURE
BIRTH AND
LOW BIRTH
WEIGHT**



**CANCER, STROKES,
GANGRENE, LUNG
DISEASE, HEART
DISEASE AND DEATH**

CARE NOT KILL

IF YOU CHOOSE TO SMOKE, **SMOKE WELL AWAY
FROM VULNERABLE PEOPLE AND CHILDREN.**

Are you ready to quit?

Ask your health professional or physiotherapist how.

1300 367 519



EmployHealth